

Preface

When you get your kundalini going, there can be so much energy; you can have trouble going to sleep. I have been there. Then, the energy stimulates your brain making it even more difficult to go to sleep. This can go on for days and days. This has been my personal experience. This is a good sign though, that you are activating your kundalini.

You are heightening your sensitivity and bioelectricity through meditation. I have had this sort of thing for years, even when I was an atheist, because of working with my chakras and the power meditation I did (though on a lesser level than what I received since coming to Satan), yoga and martial arts.

I feel energy very keenly. I have for years woke up in the middle of my sleep and felt electrical appliances when they switched or if they shut on or off, the digital clock changing numbers and so forth. The same with the telephone ringing- it will send a shock through me. I am used to it. This will also bring a heightened sensitivity to noise.

All of this is necessary and is how we can read the thoughts of others as thoughts are electrical impulses. We are sensitive enough to pick up on them.

I have a human friend who is a Satanist, whom I am very close to on the astral. He often will wake me up when he is getting ready for work in the early morning hours so we can visit telepathically in the quiet times. When he does this, I feel the electrical jolts, same as above and I wake up. This is done at the third eye for anyone who is interested. I can even see the balls of light with my third eye sometimes and I wake up.

Satan visited me this morning. When he finished talking with me about something personal, I asked him some questions regarding what I have been studying. He told me that the chakras are actually pyramid shaped with the four corners at the bases, which are square. The reason so many people believe them to be cone shaped is because they are spinning and appear as cones.

There are four sections to each base that are coded in some way. [This has to do with the Enochian tablets, which I was well aware for some time are not supposed to be used to summon anything, but to open the watchtowers within ourselves].

He told me to “keep studying” and answers will come to me.

I believe “Choronzon” is like “Leviathan” and “Cthulhu,” another word for the kundalini serpent. $7 \times 7 = 49$. They are complex codes of which I will be working on deciphering after I decipher all of the Goetic Demon Sigils.

The "fourth dimension" is a state humanity will ascend to when the earth advances to telepathic communication as with other more advanced civilizations and worlds.

This is the true message of the so-called "apocalypse" WHICH WAS STOLEN FROM THE REVELATION OF THOTH.

I can't reemphasize this enough. When you reach a certain level- TAKE CARE AT WHAT YOU DESIRE!!

Desire is the key element of magick. Venting momentary hatred at someone or something can be disastrous if this is not your true intention. When one reaches a higher level of power, one's mind and life are quite different from the rest of the world. Power must be handled properly. With this power must come self-control. You lack the self-control and you will fuck yourself.

The RHP (RHP is "Right Hand Path" – this refers to xianized witchcraft and ancient teachings corrupted by xianity) teaches a false and incomplete system of magick based upon the hexagram. The Satanic symbols contain the wisdom and the truth of powerful magick. Magick is not three-fold or six-fold, it is four, and eight-fold. Satan/Enki's number is four and the Star of Astaroth has the 8 points.

The RHP system leaves out the element of desire.

Fire= Spirit and will (A strong spirit invoking the element(s), energy).

Earth = The physical body (Chanting, mudra, asana, used to amplify the magick and invoke more power)

Air = The mind and intellect (Using the mind to direct, coordinate, understand and know when to release the energy)

Water = The feeling and desire element (The deep feeling and desire element that is the key to obtaining the objective of the working)

The RHP teaches a lack of desire. This is so the average person will be quite powerless. Yoga is from Satan. The meaning of yoga is integration and balance, bringing everything- mind, body, spirit, and emotion together as a powerful force. In working advanced magick, one must use everything above as a unified force. Directed emotion and desire are the basis of magick.

Athletes who make it to the top have one thing in common- an overwhelming obsession and passion to be the best in their sport. This is the average person's mind.

When one reaches a certain level of power though, a little goes a long way as one's mind is like a laser and can cut through things like a laser so to speak. Momentarily and worse, consistently directing emotion at something will bring it about, even if the emotion is not that strong.

Higher Levels

When we meditate regularly and make breakthroughs, things in our lives noticeably change. Nothing comes without a price. When we reach higher levels of power, our minds and thoughts are no longer free. The powers we have must be controlled or else they will create havoc in our personal lives and in the lives of others. It is of extreme importance to keep a positive frame of mind and happy attitude. Negative emotions, especially out of control can prove disastrous.

Everyday statements that those who are without make, we are not free to do so without consequences. My mother learned of and used her mind powers when I was very young. She warned me to stay away from using "Body language." What this means is saying things repeatedly that invite illness in the subconscious mind, like "I don't want to hear anymore!" To the average person, this means "Shut Up!!" BUT, to a mind and soul with power, one's subconscious does not have the left side of the brain reasoning ability and in many cases, will work to create deafness.

My mother read to me of cases where this and similar things happened to people who had a more powerful aura and soul.

"I'll have a heart attack!" "MY flu" "MY ulcers" – DON'T OWN A DISEASE!! One man kept saying "I'd give my right arm if..." Yes, it was a figure of speech, but he lost his arm in a car accident and what he stated ironically came true. Now, most average everyday people can say and think what they please and otherwise as their minds are not powerful and little if anything comes of their thoughts. It is not the case with us. Watch what you think and watch what you say.

As you advance in your meditations and power, don't be frightened or alarmed by unusual happenings in your life, especially when your emotions are involved. Luckily, for most of us, regular meditation helps us to keep cool, calm, and collected. People who really want to go out of their way to upset us, if they are aware to any extent will soon realize this is not a very wise thing to do. Things begin to happen.

Due to centuries of destruction of Satanic knowledge, not too much is known about the powers of the mind, from EXPERIENCE. People who had these powers learned quickly to hide them and keep secrecy to avoid persecution and worse. My own experience is I note, things can be haphazard. I am sure you have seen movies of telekinesis. Often, there are twisted spoons and forks sticking out of walls in weird shapes and other things that look abnormal. The

human mind has been cut off from power for so long, when we finally have it, it can be hard to control. This is also due to a lack of knowledge on how to direct our energies.

When you begin to affect appliances, cars can stall, electricity can go awry, those who anger you can meet with misfortune or disaster- you have reached a higher level. There is no turning back. In my own experience, I note things happen if I get upset, so I have to be careful to stay calm. Undoubtedly, there will be times when we have little understanding of what our powers are doing. It is important never to be alarmed or frightened in any way. This is where keeping a black book or journal can be of help and knowing what happened to set things off. Satan and his Demons are there for us for guidance and support as well and can be a great help in these kinds of situations. Above all, remember you are not alone and there are many now who are experiencing the same and similar and it is something entirely new and very unusual in our lives.

-High Priestess Maxine Dietrich

Satanic Power Meditation Volume Two

Intermediate Meditations

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Intermediate Meditations

Developing your Psychic Touch

Several of us have felt and can easily feel Demons touch us. This is especially important when one is intimate with an Incubus or Succubus. In order to open yourself up to be able to feel the touch of a spirit, the following exercise should be helpful:

Take three brightly colored objects. All must have the same texture and feel, but must be different colors. Take each one at a time in your hand and feel it. Close your eyes and feel it some more.

Visualize the color while you hold and run your fingers over the object in your hands. Say to yourself in your mind:

"This is how the color (name of color) feels and I will recognize the color_____ when I feel it in the future."

The more you do this exercise; you will soon be able to feel each color as distinct and separate. It is important to be sensitive enough when working with energy to sense different colors. This will also help with invoking and evoking them and in seeing auras.

Past Life Regression

This exercise requires deep relaxation. Lie down in a comfortable position. You should begin by breathing in to a count of six, Hold for a count of six Exhale for a count of six. (You can change the count to four if this six is too long a hold)

Do this several times until you feel completely relaxed and you can no longer feel your body. Turn your attention inside and to your entire backside and free fall. Just let go and a falling sensation should manifest. For inexperienced meditators, this might make you dizzy. If you feel real uncomfortable or dizzy, just focus on the front of your body to stop the free fall. The deeper you free fall, the deeper your trance state and the easier it is to work with your mind.

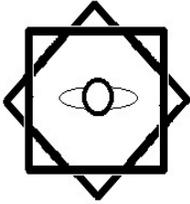
When you have reached a deep trance state, visualize yourself walking towards a door in your mind. As you walk towards the door, tell yourself when you walk through the door, you will enter into your past life. This should be the life that preceded your life now. Walk through the door; look around at your environment.

To go back several lifetimes, just visualize the door and tell yourself you are going back to whatever year you wish to regress to. To go forward in any past life, will yourself forward by asking your mind to take you to a specific stage of your life or year. Take the time to look around and ask your mind questions. To regress further through each past life, will yourself backwards by telling your mind to take you back further until you can regress no more, and again, walk through another door, telling yourself you are entering the lifetime before this life you are observing. You will be further back in time. To go foreword into your next life- use the same technique, only be aware this is only one of many possible futures. To bring yourself out, walk back through the door into now.

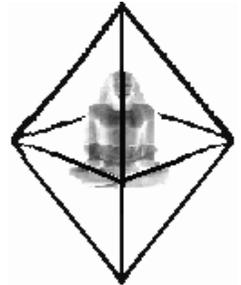
Star of Astaroth/Mer Ka Ba Meditation
By
Azazel and Thoth

Sit comfortably, preferably cross-legged, but sitting in a chair is fine as long as your spine is straight. Go into a trance state. You should take a couple of minutes to clean your aura before beginning this exercise. The meditation is performed in 18 breaths.

View from Top



Visualize yourself inside of two pyramids. The standard meditation is done with white gold energy inside of the pyramids, but you can change colors as you become more experienced and know how to handle color energy. White-gold energy is the most powerful energy.¹



Sah



1. With your thumbs touching your index fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, and chant either aloud or silently in your head:

S-S-S-S-A-A-A-H-H-H-H; in one long exhale while visualizing both your pyramids filling with a brilliant white gold light.

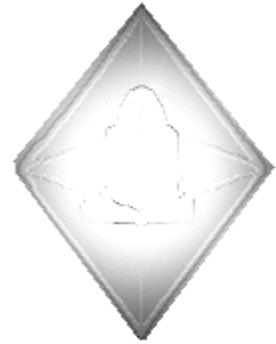




2. With your thumbs touching your middle fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, and chant either aloud or in your head:

T-T-T-T-A-A-A-H-H-H-H; in one long exhale. Continue to fill the pyramids with bright intense and powerful energy.



3. With your thumbs touching your ring fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, and chant either aloud or in your head:

N-N-N-N-A-A-A-H-H-H-H; in one long exhale. Continue to fill the pyramids with bright intense and powerful energy.



4. With your thumbs touching your little fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, and hiss (one long "S" sound for the exhale):

S-S-S-S-S-S-S-S-S-S; in one long exhale. Continue to fill the pyramids with bright intense and powerful energy.





5. Again, with your thumbs touching your index fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, while visualizing both your pyramids filling with a brilliant white-gold light.

There is no need to chant for this step.



6. With your thumbs touching your middle fingers,

- Inhale to the count of 6;
- Hold for 6
- Exhale for 6, while visualizing both your pyramids filling with a brilliant white-gold light.

There is no need to chant for this step.



From now on, with each and every breath throughout the meditation, you will draw in and visualize energy entering through both ends of the breathing tube at the same time.

The breathing tube extends for one hand length (measured by the length of your own hand) beyond the top of your head, down through your seven chakras, and ends one hand length past your base chakra located at the end of your tailbone. When you are standing, it extends one hand length beyond your feet.

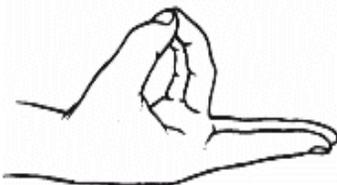
Your tube is as large around as the circle made when you touch your thumb to your middle finger and tapers to a small opening at each end. The tube is transparent like glass.

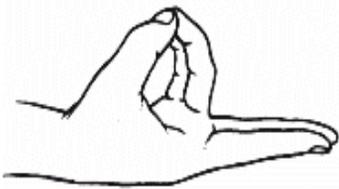
The next three illustrations below are without the pyramid for clarity. (You should always visualize yourself inside of the pyramid throughout the entire exercise).



7. With your thumbs touching your ring and little fingers, index and middle extended as in the illustration to the left.

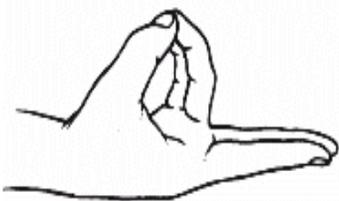
- Inhale, and breathe in energy to the count of 6, visualizing brilliant white-gold light entering the tube from both ends at the same time to meet between your 2nd and 3rd chakras.
- Hold for 6.
The light forms a sphere the size of a grapefruit.
- Exhale for 6 and visualize the sphere brightening with energy.





8. Keep your thumbs touching your ring and little fingers, index and middle extended as in the illustration to the left.

- Inhale and breathe in energy to the count of 6, visualize the sphere growing in size until it reaches the base of your rib cage and the top of your pubic bone.
- Hold for 6.
- Exhale for 6 and visualize the sphere brightening with intensity.

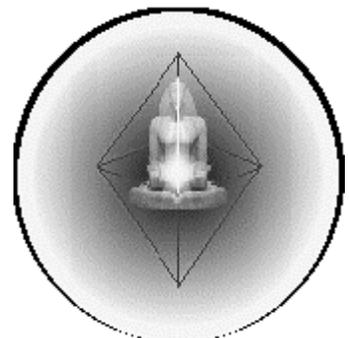


9. Continue to keep your thumbs touching your ring and little fingers, with your index and middle extended as in the illustration to the left.

- Inhale and breathe in energy to the count of 6, and visualize the sphere brightening and growing in concentrated power
- Hold for 6, visualizing and feeling the brightness, intensity and power of the sphere.
- Exhale for 6, visualizing the sphere grow brighter and brighter, and more and more powerful.



10. Keep your hands in the position shown in the illustration to the left, inhale and breathe in energy to the count of 6, The sphere is reaching maximum concentration; it ignites, changing color to a white/electric blue flame and turns into a brilliant shining gold like that of the Sun.



Round your lips to blow

Blow on the exhale for a count of six. As you blow, visualize the sphere expanding to surround your entire body. The smaller sphere still remains, and is more concentrated and brighter than the larger one. (Visualize yourself like you are blowing up the sphere).





11. Keep your hands in the position shown in the illustration to the left.

- Inhale and breathe in energy to the count of 6, Visualize and feel the energy entering your breathing tube at both ends and concentrating in the smaller sphere and expanding out into the larger sphere.
- Hold for 6.
- Exhale for 6 and visualize the concentrated energy continuing to expand into the larger sphere making it brighter and more powerful.

At this step, you will more than likely see the smaller sphere beginning to spin. It can spin either way. Visualize the spinning and go with the flow.

Steps 12 and 13 are the same as step **11**.
(Continue to spin the sphere)



14. For men, place your left palm on top of your right palm, both facing up. For women, place your right palm on top of your left, both facing up.

At the beginning of your inhale, move the smaller sphere up to your 4th chakra (shown on the left); inhale for a count of six.

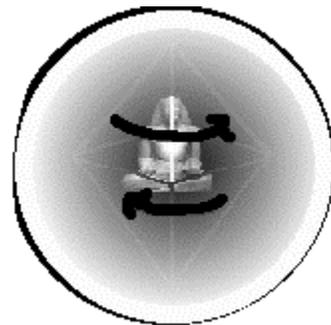


This is standard for the heart chakra. With experience, you can move the ball to any chakra of your choice. This includes the 8th chakra as well. (See illustration to the above right)

15. Inhale for a count of six and say to yourself in your mind "EQUAL SPEED"

The two pyramids will begin spinning in opposite directions. The top pyramid will spin counterclockwise; the bottom pyramid will spin clockwise.

Round your lips and blow as you did before, for a count of six, spinning and feeling the spin of your pyramids in opposite directions. They will be moving at 1/4 the speed of light. The spin feels like a pulsating sensation.



16. Inhale for a count of six and say to yourself in your mind "HALF THE SPEED OF LIGHT"

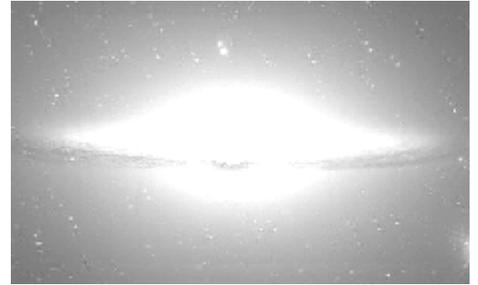
Round your lips again and blow for a count of six, spinning and feeling the spin of your pyramids in opposite directions. They will be moving at 1/2 the speed of light.



17. Inhale for a count of six and say to yourself in your mind "THREE FOURTHS OF THE SPEED OF LIGHT" Round your lips again and blow.

As they approach 3/4ths the speed of light, a flat disk located beneath your naval pops out and expands to a distance of approximately 55 feet in diameter. Visualize this like the Sombrero Galaxy as shown in the illustration to the right.

Continue to blow out with force and feel the speed of the disk increase and stabilize.



18. Inhale for a count of six and say to yourself in your mind "SPEED OF LIGHT"

Visualize your disk and the pyramids spinning so fast (the speed of light is 186,000 miles per second) they give off intense white light and energy, hold for six and blow for six. This will stabilize the disk.



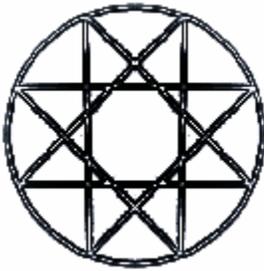
It is strongly advisable to remain in meditation, and meditate upon the energy for 5-15 minutes afterwards. Concentrate on feeling the pulsating sensation of the disk.

Model: Sema-Tawy-Tefnakht, Minister of Pharaoh Psanatik I of Dynasty XXVI; 664 to 610 BCE.

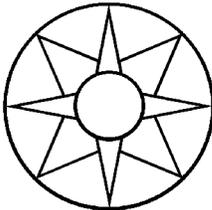
¹ White-gold energy, that of the sun is incredibly powerful. For more information, read the book: "Lost Secrets of the Sacred Ark, Amazing Revelations of the Incredible Power of Gold by Laurence Gardner. Published London: Element, ©2003.

Information About the Star of Astaroth Mer ka Ba Meditation

Azazel and Thoth worked with me to revise this meditation, which was based on the "Mer Ka Ba." Further revisions were dictated to me from Azazel (3/26,27/05). Many new age authors write about and teach the Mer Ka Ba. The new age version is based upon a hexagram. The hexagram version was given to new age enthusiasts by angels. What the hexagram does is it establishes a geometric energy field that corresponds to the planet Saturn, of time; the lower octave of Saturn. The current system of time, based on the number 3 and 6, is out of sync with the vibrations of the earth and the universe, which are naturally 13 and 20; the 13 lunar months. Unbeknownst to many, the hexagram meditation is a conspiracy and is to the detriment of humanity. It has to do with the numbers and this is very complex. I will write a separate article concerning this and linear time.



The meditation given in this book is based on the eight-pointed Star of Isis (Astaroth). The correct position of for the Star of Isis is rotated at 22 degrees. Shown at left, in its upright position, it is known as the "Sigil of the Beast 666."¹ The Silver Star of Isis (turned at 22 degrees) is also said to have been worn by the Knights Templar on a red sash. The numbers are definitely Satanic as the number of Isis (Astaroth) is 8 and the number of the pentagram is 5; $8 + 5 = 13$. Enki's number is 40; another combination is $5 \times 8 = 40$. 13 is also based upon the thirteen Lunar Months which is the natural year and the eight phases of the moon. It is also based upon the Satanic Year.



Her Babylonian symbol is known as the "Star Disc of Ishtar." What this meditation can do is take your energy field to a much higher vibration. The geometry of energy has powerful effects. Once this meditation has begun, you should continue to do it every day until the spinning fields are permanent. You will know they are permanent when you can feel the pulsating sensation any time you focus your attention on them. Once they are permanent, you will no longer have to perform the meditation every single day.

The eight-pointed star is very ancient and based upon the octahedron. The octahedron is an extremely important aspect of nature and is one of the primary archetypes of creation for all life. It is based on 13 circles of which the centers connect. It is also the basis of important informational systems in the universe. Within it are found all five of the Platonic Solids, the "building blocks" of creation. The eight-pointed star is also the symbol for the "Shamballah initiation," the initiation of advanced Buddhist monks into the Kalichakra Tradition. This tradition preceded what most people know as Buddhism by thousands of years and is based upon the Tibetan "Bon" religion, which was given to the Tibetan Priesthood from Marduk/Amon Ra. Unlike the pacifistic, self-sacrificing

contemporary Buddhist religion, the original Bon religion was a warrior religion where disciples were pushed to exceed limitations and become as the Gods. ²

Once the candidate was lead through the seven gates and received the seven initiations (opening of the seven chakras), it was possible for them to be received in the court of Shambhala. ³

¹ Genesis, The First Book of Revelations by David Wood ©1985

² The Black Sun by Peter Moon ©1997

³ Cloak of the Illuminati by William Henry © 2003

Circulating Energy

This meditation is the most powerful. It is done by martial artists and advanced meditators. It enables the practitioner to feel, control, and direct energy.

Be patient. You more than likely will need 15 minutes to half an hour set aside for this to begin with. Again, everything is individual. In the beginning, for most people, the energy will be slow in coming and will move like molasses, but this varies according to one's development in past lives. Normally with repeated meditations, it will speed up and you will be able to direct it at will.

This exercise is more in FEELING, rather than in visualization.

1. Focus on your crown chakra. Just sit 3-4 minutes and meditate on this chakra. You may feel it as a sort of crawling sensation. This is normal. When one advances or on occasion, there is an intense feeling of bliss. You may also feel a pressure there.
2. Now, focus on your third eye. Meditate on your third eye for several minutes. Feeling a pressure here is normal.
3. Move your attention to your throat chakra and do the same as with the above two chakras.
4. Move your energy to your heart chakra and focus for a few minutes.
5. Focus now on your solar plexus and do the same.
6. Follow with your second/sacral chakra and do the same.
7. Now, focus on the area between your perineum. This is between the rectum and scrotum for men and between the rectum and vagina for women. This is a power spot. Visualize the energy glowing brightly like the sun here.
8. Move the energy to your base chakra and meditate for 3-4 minutes or so on your base chakra.
9. Now, direct the energy up your spine into your second chakra. (This is the second chakra located on your spine- with the first circulation, we focused on the chakras in the front, we are now directing the energy up the back).
10. Continue to do the same, directing the energy up into each chakra, one by one located in the spine, until you reach your crown.

11. This time, you can direct the energy without pausing, moving it along down the front of your body chakra by chakra until you stop again at the perineum and direct the energy up your spine.

Keep circulating the energy as long as you wish. This exercise will enable you to control and direct energy. This is the foundation of all power. You will establish a mind connection to where you are able to focus and the energy will follow. This can be used for healing, empowering or otherwise.

Meditation from Satan

This is the most blissful meditation I have ever done; it was a gift to me from Father Satan. This meditation stimulates the crown chakra and the pineal gland and it is a most beautiful natural high that lasts long after the meditation is performed.

Begin by "breathing" into your third eye. Do this several times in and out. (See the Foundation Meditation for how to do this if you are unfamiliar).

Inhale into your third eye deeply, all the way back into your 6th chakra. (The 6th chakra is behind the third eye and is located about half way from your third eye and the rear of your head).

Hold the inhale for a count of five. (You can hold longer if you are experienced in power breathing).

Now slowly exhale and when you exhale, visualize the energy from your inhale as bright light and flood the top part of your head with it. (Your brain area).

Do this for five to ten times. When you are finished, just relax and meditate on the beautiful energy. It is addicting.

HAIL SATAN!!

Meditation on Satan

Most of us have felt Father Satan's energy. His energy is strong and gives us a feeling of confidence and sometimes exhilaration. We can meditate on his energy and make it more powerful in our lives. By doing this, we grow much closer to Satan, forming a much stronger bond with him. Enter a trance state and feel his energy running through you. You can visualize his sigil or any of his symbols. You can also visualize his face if you have ever seen him. This is best done after a ritual when we invoke his energy.

Blue Light Meditation

Demonic energy is blue. Blue is also the color of relaxation. Close your eyes and relax until you can no longer feel your body (trance state). Breathe in the color blue and surround yourself with a blue light, then tune into a floating sensation. The blue light helps to achieve this. Just let go. This meditation can also take you to higher levels and other dimensions.

Invoking Colors

*This meditation requires the 'breathing' in of energy. You should have experience with the Foundation Meditation before performing this meditation.

Unfortunately, "white light" is overused by many Wiccan and New Age people who don't know what they are doing. These people use white light to the exclusion of all other colors, and as a result are not competent in working with colors. Because white contains *all* of the colors of the spectrum, they are taking in all of these colors and those they are unable to control or work with, are left on their own without direction. Each color represents a particular frequency of energy that most of us use in our daily lives. If one is not competent in the ability to handle each color, the white light often is unable to be used properly.

White light is easy enough to use and is great for beginners, but the problem is that it is overused. White light is great for cleaning one's aura and balancing energies. It is also great for protection.

White light, when placed around a person, becomes a barrier to interaction with others. This is because white light reflects. If you want to be left alone, then envelope yourself in white light. Filling yourself with white light on the inside strengthens and protects without becoming a barrier to others if you want social interaction.

When an individual is competent and has mastered all of the colors, he/she is able to use the white light to its fullest extent.

Here is more in depth information about the properties of colors:

Black:

Black absorbs, conceals, and creates confusion and chaos, new beginnings, knowledge of hidden things, the container of light, one of the most powerful of colors. Saturn rules black- self control, endurance, and patience. Black is also a good color to use to bring discord and confusion to enemies. It can be used also for protection, binding negative forces, breaking up obstacles and blocks, reversing and breaking up negative thoughtforms. Best when applied to others.

Blue:

Truth, wisdom, protection, inner peace, loyalty, occult power and expansion. Jupiter rules royal blue- Luck, expansion, abundance, long distance travel, higher education, legal matters, taxes, (use with green) investments, foundations, prosperity, and opportunity. Spirituality, summoning Demons, healing, inspiration, devotion, serenity, sincerity and truth, fidelity, inner peace, knowledge and wisdom, harmony in the home, occult power and expansion. Blue can also be used in spells, when the color is applied to others and directed for inciting depression, sadness, hopelessness, lack of sympathy, coldness, and gloom.

Gold:

Great Fortune, intuition, understanding, divination, fast luck, financial benefits, (I believe gold attracts larger sums of money. (Use green with shimmering gold for money meditation.) Gold is healing, happiness, authority, reputation, honor, personal power. The Sun Rules the color gold and the magickal properties of confidence, fame, success in gambling, pleasure, securing popularity/charisma, increasing health and vitality, healing, protection, success, magickal power. Satan's aura is gold and his sigil in alchemy texts represents gold.

Green:

Money, fertility, abundance, material gain, wealth, healing, communication with nature spirits, anti-inflammatory. Venus rules green- Love, making love, (affectionate; red is for lust/sex), fidelity, reconciliation, beauty, youth, friendships, attraction, harmony, financial gain, earnings increases, social functions, possessions, riches, indulgence, pleasure and is good for beginnings and growth. Venus rules green- Abundance, fertility, success, general good luck, harmony, immortality, generosity, material gain, renewal, marriage, balance and healing. Green can also be used for inciting jealousy, greed, suspicion, resentment, sickness, disease, and disharmony when applied to others and directed.

Indigo:

Meditation, psychic ability, telepathy, mind reading, spirit communication, absorbing knowledge telepathically.

Orange:

Creativity, enthusiasm, energy, stamina, orange is a powerful color of signifying or creating major changes. It helps with adaptability, attraction, sudden changes, stimulation, enthusiasm, creativity, energy, and gaining control, changing luck and inciting justice. The Sun rules orange.

Purple:

Psychic ability, wisdom, divination, removing curses, healing, psychic work, business success, influencing people in power. Powerful color with energies that can be difficult to handle. It can be used when applied to others to incite tyranny, abuse of power, idealism, and influencing people who have power over you. Purple is also used for inciting sadness and treachery in others. Jupiter rules purple.

Red:

Energy, passion, anger, inflammatory, lust, strength, protects against psychic attack. Mars rules red- Revenge, anger, pure sexual lust, and physical gratification, courage, determination, dealing with enemies, inciting accidents, fires, injuries. Red is effective for self-confidence, athletics, strength, magickal

energy for Black Magick, intensity. Incites lust, energy, strength, sexual energy, dynamism, passionate love, physical desire, courage, will power, athletics (especially competitive), and vitality, self-empowerment before workings of black magick. When used in black magick, red as opposed to black brings on sudden attacks, accidents, bloodshed, violence, and hatred. Red can also be used to incite wars, anarchy, and cruelty. Mars rules red.

Silver:

Develops psychic abilities, neutralizes situations, repels destructive forces, works with female deity powers. The Moon rules the color silver- the home and immediate surroundings, imagination, memory, psychic awareness/dreams, spirituality, meditation. For psychic related, meditative/hypnotic.

White:

All-purpose, balances the aura as all color emanates from white light. Energizing, protective, stimulating, inspiring, destroys destructive energies, cleans the aura. Provides protection when applied to others and directed. The Moon rules white.

Yellow:

Intellect, computers, communication, audio, video, TV, electronics, books, literature, the will. Ruled by Mercury- For passing exams, improving the mind, concentration, mental power, learning ability, speech, writing, publishing, media concerns, gossip, slander, interviews, brothers, sisters, neighbors, rumors, theft, all areas of study and communication, also astral projection, overcoming addictions, breaking habits. Good for friendship, imagination, creativity (orange is more powerful for creativity), inspiration and charisma. Yellow can be used to incite infidelity, cowardliness, decay, disease, dying, insanity, and inconsistency in others.

Gray:

NEVER USE GREY ON YOURSELF! Grey is the color of illness and bad energy.

The Color Meditation

Enter into a trance state.

Breathe in and fill yourself with each breath with a specific color of the spectrum, visualizing it as brighter and brighter each time (by brighter, I mean more intense) This meditation can also be done after meditating on a specific chakra. You can then fill yourself with the color of that chakra.

If you are new to color meditation, hold the color for two to four minutes. If the color feels pleasant, you can hold for a longer period of time. Those who are used to the energy of the colors can hold much longer. One's increased time should be comfortable and gradual.

Each color should be in its pure form and bright. Later on, it is fine to experiment with different shades when adept.

If a color feels negative to you, work with it gradually. Ask your mind for an answer as to why. What does the color mean to you? What associations do you have with a particular color? This is a great way to find out more about yourself. Which colors feel pleasant to you? These are the ones that you may be using the most in your life to the exclusion of others. Knowing this provides information as to which chakras need more work to bring them up to full power.

The most important objective of this meditation is to *feel* the colors. Spend some time with each color, getting into how it feels. Keep a written record in your book of shadows/black book.

In addition, you can meditate on the color outside of yourself to feel its energy. It is not necessary to always invoke the color, especially if you feel uncomfortable with certain colors. Remember, if something feels uncomfortable or negative, then stop. When you are finished with this meditation, clean your aura with white light as this will act to balance the all of the colors in your aura.

The benefits of this meditation are the ability to feel, direct, and apply color. Color energy is exceptionally powerful when used in magick. Each color has specific energies and acts to bring results unique to that energy.

Meditating on Chakra Sounds

By
Azazel

Each chakra has a standard sound. By meditating on these sounds and focusing on the specific chakra, this is one way of opening up your astral hearing.

- Base Chakra, the physical Level:
Sounds include thunder or a soft hissing. Red

- Sacral Chakra, the astral Level:
Roar like the ocean or the sound of wind. Orange

- Third chakra the level of will:
H-h-h-a-a-h-h-h sound (silent, like an exhale- no voice; long and continuous) or the sound of humming/vibration "aum." Yellow

- Heart Chakra, the intuitional Level:
Buzzing like a bee (bioelectricity) or the sound of a flute. Green

- Throat Chakra the mental Level:
Azazel gave me a sound. The best way I can describe it is like twisting a balloon. Humming can also be used. Blue

- 6th Chakra, the soul Level
The sound of woodwind instruments. Bluish violet (indigo)

- Crown Chakra, the blissful Level
Whisper or no sound- this is felt rather than heard. Violet

The above levels and sounds are guidelines only to get one started. Focus on a particular chakra, and imagine the corresponding sound as best you can. Try to feel it through your body and resonate on that plane. This meditation will open you to clairaudience.

Pineal Meditation

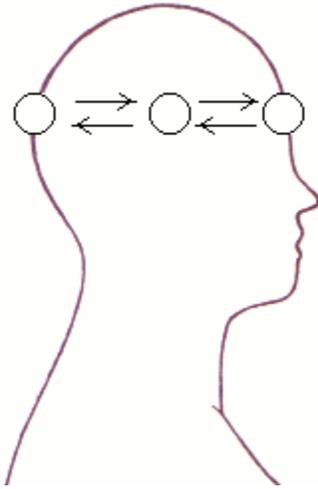
This meditation expands intuitiveness and creativity and helps to open one's mind to comprehend information much easier.

1. Relax and go into a trance state
2. Inhale and visualize white-gold energy entering through your third eye into your pineal gland.
3. Draw the energy in with each inhale, then brighten, and expand your pineal gland with the energy with each exhale.
4. The first few times you do this, affirm to yourself: "I am breathing in powerful white-gold energy that is safely stimulating my pineal gland."
5. When you are finished, feel the energy for a few minutes, and meditate on it. It should be very pleasurable.

This meditation activates and empowers the pineal gland. The pineal gland is the psychic powerhouse of the brain. White gold is the most powerful of all of the colors. It is the color of the Sun (666) and this is one of the reasons the original religions worshipped the Sun.

Ball of Light Meditation

The chakras are located along the spine, but they also extend to the front of our bodies, excluding the crown and the base. Each of the chakras, the second through the sixth has an opposite chakra in the front of the body along the abdomen. The sixth chakra has three. The rear sixth chakra located at the occipital in the back of the head, the middle sixth chakra is located between the third eye and the occipital sixth chakra.



To perform the meditation, visualize a small ball of bright light the size of a ping-pong ball and light up a chakra on your spine with it and pass it to the front chakra directly opposite it and light it up, then pass it back to the chakra on your spine. Keep passing it back and forth to each chakra, and then move up or down to the next chakra (whichever one you want to work with). The illustration on the left shows an example with the sixth chakra.

You can either visualize the ball as white-gold light or the color of the chakra you are working with.

You can also connect the crown to the base. I found the energy center located in the perineum to be especially powerful with this. Just pass it up and down.

Now another interesting thing one can do with this is to connect with another person and this greatly enhances telepathy. For example, passing the ball back and forth from their heart chakra to yours will tell you about the other person's emotional experiences and character.

To interrogate someone, pass the ball of light from your third eye to his/her third eye, back and forth.

Now, it is obvious you can, with experience invade others' privacy and this includes your own- just something to be aware of if you don't want anyone in your personal business. In that case, close down your chakras, if someone does this against your will.

Secreting Ectoplasm

Ectoplasm has many different astral uses. Extra-terrestrials use this in a much more potent form than humans do. This is the cloud that forms before many abductions, where there is a loss of time and memory. Ectoplasm can make one invisible and can also be used to kill with death rituals. After proficiency is achieved in producing this substance, one can will it to manifest in specific colors that are harmonious with the objective of the working.

The most common example of the use of ectoplasm is with mediums. The ectoplasm gives the evoked spirit something to manifest itself in. Ectoplasm can also add much more potency to creating a thoughtform.

How to secrete ectoplasm:

Ectoplasm is the substance we see with the clouds when scrying. This is a minor form of ectoplasm, but it will get you started.

Candle light is perfect for this exercise. Candle color here does not matter, so use whatever you have available.

If you have a black mirror, you will want to use this, but any other similar props will do. You can even use a regular mirror or a bowl of dark or black liquid.

1. Sit in a quiet dimly lit room.
2. Relax and go into a trance state. This does not have to be a deep trance, just enough so you are focused.
3. Look into the mirror or bowl of liquid and stare at one point. You should eventually see clouds form.
4. Concentrate on these clouds, willing them in a soft way to condense and thicken.
5. When you are consistently able to will the clouds to condense and thicken, gently and slowly take your eyes off the mirror. You should still be able to see the clouds in front of you. Try to focus on them for two to three minutes.
6. The goal is to secrete this substance and to manipulate it at will.
7. Blink your eyes, move your fingers and toes, and gently bring yourself back from the trance.

When you become proficient at secreting ectoplasm, will the ectoplasm into a ball shape. From there, work at making it thicker and form it into different shapes. This will take practice so be patient. After a time, you can will it into different colors for specific purposes.

Ascending Energy Meditation

By
Azazel

1. Lie down and begin by stimulating yourself to orgasm. Right at the point of the impending climax, visualize a fiery brilliant bright light at your perineum (the area between your rectum and testicles for men; or between the rectum and vagina for women).
2. Inhale and direct the energy from the orgasm while you are climaxing, up your spine. You should visualize this as a bright white-gold light.* Draw the energy up your spine to the crown chakra where it lights it up and empowers it, emerging from the top of your head and into your eighth gold chakra. Brighten your eighth gold chakra.
3. Expand your eighth chakra into a ball approximately two feet in diameter (60 cm).
4. Exhale and expand the energy from your eighth chakra and then direct it to descend down each side of your body, down through the bottoms of your feet and back up to your base chakra where you inhale it again.
5. Inhale and draw it in again at the base chakra, lighting it up and empowering it upon entering and then visualize it ascending your spine again and repeat the above steps 2-5. With each circulation, you can expand your aura with the energy.

The orgasm gets the energy going and you can keep circulating it for as long as you wish.

Always direct the energy up out your crown. The above pathway is the normal pathway for energy surrounding the aura.

*White-gold is the most powerful of the colors as it is of the sun. Satan has a gold aura.

Opening Blocked Chakras

There are several ways to open blocked chakras. It is best to do them all and be consistent. You can work this into your daily meditation program. Normally, there are three major knots. One at the base, one at the heart and one at the 6th chakra. Usually, our base chakra is open. A burning sensation or feeling of intense pressure in one of the chakras usually indicates the one above it is blocked. For example, some people experience a burning in the throat, which indicates the 6th chakra is blocked.

1. Using Energy through Your Hands

One way to unblock and empower a chakra is once you have a strong energy flow through your palm chakras and fingertips, you can apply this to your individual chakras. You should feel a tingling sensation and heat radiating from your palm chakras that indicates they are empowered and active.

Place your hand over whatever chakra you feel needs more energy and relax. Direct the energy from your palm chakra into the selected chakra for anywhere from 5-15 minutes. A warm or burning sensation in the chakra during and afterward, indicates the chakra is receiving the energy.

Doing this regularly will strengthen the selected chakra.

2. Chakra Breathing.

Inhale and breathe in color energy into the blocked chakra. The energy should be the same color as the chakra you are working on.

Hold your breath for a count of six and visualize your chakra opening. Most agree the best method is to visualize the bud of a flower blooming. Make sure you visualize the correct color.

Exhale, brighten, and expand the chakra

Inhale through your base chakra brilliant white-gold light and direct it up your spine and through the chakra you are trying to open and direct it out your crown.

Exhale and visualize your chakra bright with the white-gold energy and expand it.

Repeat the above exercise several times.

3. Sexual Orgasm

This is what the old alchemy texts implied. Just keep hitting it with orgasmic energy. Visualize a brilliant light ascending into and through the chakra. This works well to open a meditation.

4. Energy Breathing

Visualize this energy growing brighter and brighter and expanding with each exhale. Repeat several times. Eventually, the chakra will be strong enough to naturally take up energy on its own. Strong chakras can absorb energy. Weak chakras that are blocked are depleted and unable to attract and absorb energy on their own. Weak and blocked areas create diseases associated with the particular chakra and visa-versa- diseases create the weak chakra.

Choose one or more of the above exercises and do it/them daily until the problem is corrected.

The Aura

Everything has an aura, whether it is living or inanimate. The aura is an energy field created by the vibrating atoms and molecules that comprise all matter. The universe itself vibrates to a certain frequency and the gravity that holds everything together is electromagnetic in nature.

Everyone's aura is as unique as his or her own fingerprints. No two auras are alike. The aura can be used to protect, attract, influence, maim, or even kill. This field of bioelectricity surrounding living things can be programmed using the power of one's mind.

Those who are trained and have an active third eye can see auras clearly and discern much personal information just by reading the color, strength, size, and shape of one's aura.

To see your own aura, you should start out by going into a light trance state. You should have already opened your third eye.

Hold your hand out in front of you, preferably against a dark background. In the beginning, you should be able to see some faint lines surrounding your hand and fingers. The more you tune into this, like anything, (practice is what is needed here), the better you will become. The better you become at seeing your own aura, you soon will be able to see the auras of others, by just tuning in to them. Later on, you will be able to see colors, layers, and shapes.

Feeling auras is much easier than seeing them. Power meditation, when done consistently, increases one's sensitivity to energy. Manipulation of energy is essential in working spells and magick. To feel your aura, run one of your hands over the top of the other, or over your forearm. You should feel the energy. You can also practice feeling the auras of friends and family members if they are interested in letting you do so. This will develop your touch sensitivity.

To strengthen and build your aura, you must take in energy. This can be done through power meditation. The Energy Meditation is excellent for charging up your aura.

Hatha (physical) Yoga and Tai Chi also help to strengthen and build the aura. Both of these disciplines tend to balance the auric energies as well.

Cleaning your aura is very important. A clean healthy aura strengthens the immune system and prevents harmful energies from invading one's body. Nearly all harmful entities are invisible to the naked eye. Energies, as most physicists know, can be broken down into sub-atomic particles, for example, light can be broken down into photons. The energy radiated by a powerful aura will burn these harmful energies and entities up before they can do any harm.

Cleaning your aura (powerful white light) is imperative after any rituals involving the employment of black magick, throwing any curses, no matter how small,

spontaneously, or any exercise involving the use of negative or destructive energy. One's chakras should also be cleaned and empowered. This is done by putting a strong and intense white light on each chakra. This is needed to rid one's self of any residual negative energies that could otherwise do harm. This also prevents rebounding energies. Always take as much time as you need; never be in a hurry. Prevention is always better than having to deal with problems later on.

A powerful aura gives health, happiness, charisma, and energy. People with weak auras are usually in poor health and are depressed. Our personal energies act on our environments and direct our fate. People who have weak auras are usually prone to misfortune.

The aura can be programmed with power hypnosis. Read the page on power hypnosis to make maximum use of the following workings. Now, with dealing with the aura and subconscious mind, one must always be 100% clear on every aspect of what is desired. With love, we don't want one who is unavailable. With money, we don't want it to come to us through tragedy- this sort of thing. When working with the mind as in ceremonial magick, energy takes the quickest and easiest route to bring us the desired result and if not every aspect is covered, any undirected energy will seek out whatever is available. Color is especially important when programming the aura. Below are examples of how we can effectively program our auras to do things:

For example:

You want love in your life:

Visualize your aura while you are in a trance, the deeper the better. Breathe in energy and affirm several times in the present tense:

"My aura is attracting my perfect [love/sexual partner, soul mate, whatever].

Change the affirmation to suit your own individual needs. Affirm this with meaning, five- ten times while breathing in energy.

To attract the love/lust and or attentions of a specific person:

Affirm: I am programming my aura to attract and act on _____'s, aura.

He/she finds me very attractive and sexually irresistible.

You want/need protection:

Breathe in powerful white-gold light. With the inhale, breathe it in to meet in the middle of your body, packing it in brighter and brighter. With the exhale, keep expanding it. The energy should grow brighter and brighter.

Affirm: "My aura is very powerful and is protecting me at all times."

This a good exercise to be done on a regular basis, for building a strong, protective energy field.

You want to make a good impression:

A powerful aura will often influence others to grant you favors.

Affirm: "My aura is making a very positive impression on _____. " If this is a job interview, (the person(s) interviewing me tomorrow, whatever). The people hearing my presentation, the group etc. Always state this in the present tense. The subconscious mind does not understand the word "will" and "will" never comes.

For keeping unwanted individuals away:

Breathe in white light like the Sun. White light reflects and repels.

Affirm:

"My aura is repelling, [inspire fear/dread] in _____, and keeping _____ far away from me at all times."

To heal yourself:

A lot of energy is needed for healing. Breathing in energy from the Sun is excellent for empowering one's aura. The Sun also contains all of the colors of the chakras in their most pure and vibrant states. The Sun (666) is one of the most powerful sources of energy there is. When one is ill, there is an imbalance in the chakras ruling the body part/s that are injured or ill. To heal, you must work with both the color of the ruling chakra and its opposite to create a balance.

Breathe in the color of the energy of the chakra ruling the injured or ill body part and affirm:

"I am breathing in ___ (name of color) ___ energy that is balancing my ___chakra___ and healing my_____."

When you are finished, breathe in white energy to balance your aura.

The auras of others can also be worked with and programmed.

From reading the above, you should by now be getting the idea and able to improvise your own affirmations.

To protect loved ones:

Put a powerful white-gold light around the person. For more powerful workings, this is best done while in a deep trance.

Affirm: "I am placing a powerful protective aura around _____. This should be done regularly, and can be done while the loved one sleeps."

For inciting lust:

Put a powerful red or orange aura around the person.

Affirm:

"_____ is experiencing irresistible sexual obsession, desire/lust for me."

"_____ finds me sexually irresistible." You can masturbate using sex magick and drive the energy into the desired one's aura. This is best begun on a Sunday or Tuesday during a waxing Moon. Never do this when the Moon is in the celibate sign of Virgo, though.

For inciting love:

Put a powerful green aura around the person. Feel strong feelings of love as you program it.

Affirm:

"_____ is falling deeply and uncontrollably in love with me."

"_____ is obsessed with me", etc. You can also use sex magick here as with the working above. This is best begun on a Friday during a waxing Moon.

Healing others:

Visualize a powerful white-gold aura surrounding and glowing about the loved one. You should also use color energy (see the above paragraph on healing for one's self)

Affirm: "I am putting powerful healing energy into _____'s aura; this energy is effectively fighting the _____ and restoring him/her to perfect health." In cases of serious illness, this may have to be done often every day. Healing others can be extremely draining. If you are inexperienced, remote healing is best. Direct contact as with the hand chakras applying energy directly to the afflicted one can be dangerous. The illness can be absorbed into the healer. To do this type of direct work, one must have a powerful aura and work to clean it thoroughly after each healing session. Using the energy of the Sun is most effective here.

Black Magick and Killing

Killing:

This is best done while the offending party is asleep. Put a black aura around the person, as this will prepare his or her own aura to absorb the destructive energy. After doing this, you can vent your hatred. Be sure to visualize over and over again with feeling, exactly how you intend this person to die.

Affirm:

I am placing a powerful aura of destructive around _____ that is continuously working to kill him/her. This work is best begun on a Saturday or a Tuesday during a waning Moon. Be sure to clean your aura and chakras following each working.

To cause bad luck and/or harm:

If your own aura is powerful enough, just sitting and stewing about the person should be enough. I have found it is important to visualize repeatedly in a relaxed, but angry way a specific misfortune.

With all workings of black magick, the outcome depends on the strength of the auras involved. The aura of the victim *must* be weaker than that of the sorcerer. If the victim's aura is more powerful, the working could rebound as a more powerful aura naturally deflects negative energy. Some people just have naturally powerful auras. This can come from past lives. If an offending person naturally has a more powerful aura, you will be able to feel resistance. Take the time to build your own aura before doing any kind of this sort of working.

Chakra Breathing By Azazel

To perform this meditation, you should already be experienced with the Foundation Meditation.

Relax and enter into a trance state, then, instead of breathing in energy into your entire body as with the energy meditation, breathe in energy into each one of your chakras, for seven breaths each. Seven breaths is only a guideline; you can do more or less, but it is important to keep your chakras in balance. It is important not only to breathe in the energy, but also to visualize it.

You can breathe in white-gold energy (the most powerful) or the color energy of the chakra.

When you are finished breathing each of the chakras, breathe in energy through all of your seven chakras, front and back to meet in the middle.

After this, perform the Energy Meditation.

Tips:

This meditation can also be done on just one chakra that is lacking in energy or that is blocked. Just apply the breathing one or more times a day. The rest of the meditation is unnecessary if you are working on a specific weak chakra.

Azazel showed me the power of the sun. Most of us are familiar with drawing down energy from the moon and other planets. The sun is hundreds of times more powerful. The energy of the sun contains all of the colors of the spectrum in their purest forms. Performing this full meditation out of doors under the sun can give you incredible energy and is very healing. Just affirm "I am breathing in powerful white-gold (or whatever color) energy from the sun, into my _____ chakra." Repeat this several times and then visualize yourself absorbing the energy and brightening your chakras with it.

Meditations for Astral Projection

Astral projection is your soul actually leaving your body. This is different from remote viewing where you enter into a trance and will yourself to a specific location. The following two meditations are just basic guidelines.

Meditation 1

This meditation feels weird. Just make sure you seriously want to project, otherwise, any hesitation can keep you in your body. You have to be relaxed, both mentally and physically. The first few times are the most difficult. Like with anything else, consistent practice will make this easier, until you no longer have to even enter into a deep trance, but can project any time at will. Some people find projecting easier than others do, as they have done this in past lives.

- Get comfortable and go into a trance. When you are so relaxed you can no longer feel your body, you are ready.
- Visualize your astral body inside your physical body, being held there by your seven chakras. The chakras can be visualized like colored knobs.
- Take each spinning chakra, stop it from spinning, and give it a quarter turn in the reverse of the direction it was spinning, like turning a doorknob.
- Relax and let go and try to exit.

Meditation 2

This is more like a preparatory exercise. This one is not nearly as powerful as the one above, but less intense for those of you who would rather do this gradually.

- Lie down and relax, as above. Go into a trance. Relax to where you feel like you are floating.
- Now, lift your left astral arm up. Visualize this. You will need to imagine this, but energy follows where it is directed.
- Lift up your right astral arm and touch your face
- Touch both your astral hands together.
- Do the same thing with each leg and foot.
- Imagine your entire astral body floating above your physical body, or somewhere else in the room and concentrate on being there. Just lie there and focus on this for a while.
- Keep repeating this exercise often and eventually, astral projection will follow.

Aura Empowering Meditation

This meditation is excellent for extra energy when done regularly. It is quite powerful and builds over time. This meditation can also be done outside, drawing in energy from the Sun. This seriously amplifies the energy.

1. Enter into a trance state, the deeper the better and begin by cleaning your aura and chakras.
2. Breathe energy in for six breaths, visualizing a brilliant white-gold light surrounding your entire head, both inside and out, down to your neck. Then relax and focus on feeling and visualize this energy for around five minutes. This can be done while listening to music as this also helps with timing. After this, breathe in energy and charge up your crown, third eye and your sixth chakra behind your third eye by visualizing an even brighter light on each of these chakras.
3. Now, move to your neck and do the same. Breathe in energy for six breaths and charge up your throat chakra.
4. Move to your shoulders and charge them up as you did with the other chakras, breathing energy in for six breaths and then relaxing and focusing upon it for five minutes.
There are lesser chakras in all of the joints. Move down your arms and do the same with your elbows, then wrists. The elbows and wrists contain minor chakras as well and by charging up and empowering these; you open yourself up for a better energy flow. Now move down to your hands and visualize either white-gold balls of energy in your palms. Concentrate and relax on this bright light lighting up your arms and hands for several minutes.
5. Now, move to your torso, do the same, and charge up your heart, solar, sexual and base chakras with the brilliant energy. Concentrate for several minutes on this.
6. Now, move to your hips and charge up the chakras in your hips with the energy and then your thighs and knees. The knees contain small chakras as well. Move to your ankles, charge up the chakras there and then to your feet. Visualize two balls of brilliant white-gold light beneath your feet, like you did with your hands.

This exercise should not be done before bedtime as the energy can keep you awake.

For healing, after completing the above, just focus and place the light/energy onto the unhealthy body part for 10-15 minutes. Healing meditations must be done every day. Skipping a day or more can create a backlash with the disease or disorder.

Single Serpent Meditation



This meditation, like the serpent meditation, is very powerful and should only be practiced by those who are advanced meditators and have strong enough chakras. Azazel helped to revise this meditation with the addition of the extended serpent.

(Like the images from Ancient Egypt with the serpent emerging from the third eye demonstrate, the extended serpent is a psychic sensor that we can use. It can extend a lot farther than one or two feet. This meditation works to empower the sensor).

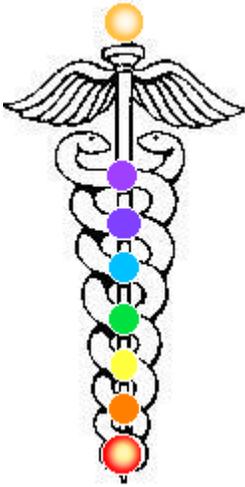


1. Sit with your spine straight
2. Focus on your base chakra, glowing with a powerful vibrant red-gold.
3. Visualize the serpent glowing with the brilliant light and power as well, lighting up the base chakra to white gold like the sun, and exiting the base chakra from the left side.
4. The serpent curves outwards to the left side of the body before it curves back to the right to enter the 2nd sacral chakra on the left side. When it enters the sacral chakra, visualize this chakra lighting up in orange-gold.
5. It emerges from the right side of the 2nd chakra, curving out and then back in to the left where it enters the 3rd solar plexus chakra from the right side, lighting it up to white-gold and empowering it.
6. Emerging on the left side of the 3rd chakra, it curves out and then back in to the right to the 4th heart chakra where it enters on the left side and lights it up with green-gold energy.
7. Emerging on the right side of the 4th chakra, arcing out and then back in to the left to enter the 5th throat chakra on the right side, lighting it up with bright blue energy and empowering it.
8. Emerging from the left of the throat chakra, the serpent again arcs out to the left, and then in to the right again where it enters the 6th chakra behind the 3rd eye from the left side. Light up this chakra with brilliant blue-violet energy, charging it and empowering it.
9. The serpent emerges from the front of the 6th chakra. It will take an alternative route. Visualize the serpent entering the 3rd eye from the rear and exiting from the front of the third eye. Extend the serpent about one foot beyond your third eye and try to feel the projection from your aura.

10. Retract the serpent back into your third eye and back into your 6th chakra, then begin the path of descending.
11. Direct the serpent to enter the right side of your throat chakra, lighting it up and it emerges from the left side of the throat chakra, arcing out and in again to enter the heart chakra on the left side, lighting it up.
12. It emerges from the heart chakra on the right side, arcing out, then in again to enter the solar plexus chakra on the right side, lighting it up and empowering it.
13. It then emerges on the left side of the solar chakra, arcing out and then in again to enter the sacral chakra on the left side, lighting it up and empowering it.
14. After lighting up the sacral chakra, it emerges through the right side and again arcs out and in again before it returns to the base chakra, entering it on the right side, lighting it up with brilliant light and energy. Spend a few moments meditating on your base chakra and empowering it with the brilliant light and energy.

This meditation can be repeated.

Twin Serpent Meditation



This meditation was given to a couple of JoS clergy members from Thoth and Azazel.

1. Relax and be completely comfortable. Clean your aura and chakras.

2. Visualize your base chakra lighting up into a brilliant glow. Then visualize a brilliant stream of light rising from this glowing chakra. The stream of light will then connect with your second chakra, lighting it up into a brilliant glow. Do this, connecting each chakra and lighting it up all the way to the crown. You may also want to connect your gold chakra above your head (this is optional).

3. Expand the stream of light into a staff. Visualize the pole spinning. Spin faster and faster. The staff should be glowing brilliantly. Now, command the pole to spin at the speed of light.

4. Focus at the base chakra again, glowing in a ball of brilliant light. From this base, two serpents will emerge. Each will move outwards in opposite directions, just like in the caduceus (shown above) and then turn back inwards to connect with each other at the second (sexual) chakra, lighting it up.

5. The serpents move back outwards again and then inwards to connect with the third (solar) chakra, lighting it up.

6. Moving back outwards, they then turn in at the heart chakra and do the same. Continue this all the way to the crown or 8th and 9th chakras.

7. Now, go back and spin the staff at the speed of light.

8. Now, return to the serpent if you wish to do another round and repeat.

Preliminary Meditations for Invoking the Elements

In order to really become adept, one must master the elements. This is also the message of the Mage card of the Tarot. You must be healthy to invoke the elements. For those of you who wish to go slowly, these preliminary meditations can help:

For Fire:

1. Sit quietly and relax.
2. Visualize a large bonfire. *Hear* the crackling and *feel* the heat, then *smell* the heat.
Do this for five minutes.

For Water:

1. Sit quietly and relax.
2. Visualize yourself wading in water. This can be a lake, the river or the ocean. *Feel* the water, *hear* the water and *smell* the water, like you are actually there.
Do this for five minutes.

For Earth:

1. Sit quietly and relax.
2. Visualize yourself walking barefoot on the earth. This is best if you can visualize yourself walking on soil in a farm field as this is very close to the element of earth. *Feel* the soil under your bare feet and *hear* and *feel* the light breeze through the air and *smell* the earth.
Do this for five minutes.

For Air:

1. Sit quietly and relax.
2. Visualize yourself walking against the wind. *Feel* the wind blow against your skin and the roar of the wind in your ears. *Smell* the fresh air as it blows against you. Feel each step walking into the wind.
Do this for five minutes.

Next Step for Fire:

1. Sit quietly and relax.

Visualize yourself walking through the desert. *Feel* the searing heat and the dry hot wind in the scorching environment. Feel the sand beneath your feet and your body growing hotter.

Do this exercise for three to four minutes and no longer.

Next Step for Water:

1. Sit quietly and relax.

Visualize yourself in a cold environment. Feel yourself getting cold. Feel the cold wind blow on your skin. For those of you who know snow (some brothers and sisters live in tropical environments, so not everyone has experienced snow), visualize yourself in snow and ice. Hear the crunching of the snow beneath your feet. For those of you who have never experienced snow- just visualize yourself in a cold environment and use all of your astral senses.

Do this exercise for three to four minutes and no longer.

What the above exercises do:

In addition to strengthening your astral senses, these exercises will introduce you to working with the four elements of earth, air, fire and water. By invoking these elements, we can strengthen ourselves to where we will be able to withstand incredible amounts of heat, cold and other extremes. Invoking and directing fire is a very important aspect of pyrokinesis. With invoking the fire element, we can keep warm or with the water element, cool if circumstances call for this.

Invocation of fire is how the Tibetan monks spent the nights of their initiation in the ice cold mountains, naked under in a wet sheet in a snow storm. In the morning, if the initiate passed, the sheet was warm and dry and the snow and ice were melted in the surrounding area.

Some 1920's-30's Satanic Lodges in Germany used the element of fire for assassination. The element when invoked and directed to the victim would make the victim's blood literally boil.

The air element, when invoked properly, produces levitation. Through invocation and proper direction of the elements, we can also influence the weather.

The foundation of advanced magick is through the control of the elements, this includes healing and all aspects of magick, white, black, and grey.

Merging Astral Consciousness

*When you are finished with merging with a human being or animal, be sure to clean your aura and chakras thoroughly as their thoughts or beliefs can rub off on you. Always choose a healthy being when you are new to this, be it a plant or a human being.

Meditation One

1. Choose an object, this can be a crystal, a table- anything in your room. Beginners should start with an object that is a single material, like a rock or playing dice.
2. Get comfortable and go into a trance state.
3. Look at the object in front of you for a minute or two and then close your eyes. Visualize the object.
4. Now enlarge the object so it is big enough for you to walk into in your mind and enter it.
5. Become one with the object and open your astral senses. What do you see, hear, smell, feel? Is it cold or warm inside? What sensations do you feel? If the object is on a table or hard surface, *feel* that surface.

Meditation Two:

Do the same as the above, only this time use a plant. This can be a tree or even a blade of grass. If you don't have any house-plants, you might want to do this exercise out of doors. It is important that the plant be alive.

With the plant exercise, *feel* the earth through the roots of the plant. How does this plant feel in relation to other plants around it if out of doors?

Meditation Three:

Now, do the same as the above, but this time merge with an animal. You can visualize this animal if you are not near any animals. If you have pets, then choose one of your pets and merge with your pet. See through his/her eyes, hear through his/her ears; feel the floor or ground beneath his/her feet. How does your pet's body feel? Is your pet warm? Cold? Hungry? What does your pet smell in the environment? Use his/her nose. What is in your pet's mind? Animals think in visions.

Meditation Four:

Now, do the above with a person you know. You can choose a different person each day. Think with their mind.

What the above exercises do:

Plenty. They are **very** important. When mastered, the above exercises will give you skills to

- Shapeshift
- Communicate with animals
- Plant thoughts in the minds of others and to even possess them
- Fix electrical equipment and appliances- you can find the problem by merging with the item.
- Pull thoughts out of the minds of others and obtain information
- Diagnose diseases in humans and animals
- Students can use this to merge with their teachers to find what questions will be posted on an important exam

Satanic Telepathic Communication

Father Satan showed me this technique.

To open telepathic communication between two people:

1. Open your third eye (you should have already performed the opening of the third eye foundation exercise).

To open your third eye, visualize a bright light about the size of a quarter, shining like the sun. This will activate your third eye.

2. Visualize the face of the person whom you wish to communicate with and open their third eye by visualizing it brightening, the same as you did with your own. In some cases, those who do not have their third eye open may be able to receive your messages, but for best results, both people should be fully open.

3. Extend your third eye serpent.

To extend the third eye serpent, visualize a bright thin tube-like extension projecting from your third eye.

4. Connect your serpent to the third eye of the one whom you wish to communicate with, brightening both third eyes with energy as well as the tube.

Telepathic communication should be established. Talk as you would in communicating with Demons. The other person should hear you and respond. This is not for newbies. You should already be experienced with communicating with Demons and able to discern real messages and communication from astral deception.

Reading the Thoughts of Others and Getting into Their Heads

1. Go into a trance
2. Invoke the element of ether/akasha
3. Concentrate on the *spirit* of the person you wish to read. Just tune in and the spirit should appear to you

I have found in this exercise, the spirit is the light body of the soul and in my own experience; it was just the shape of the individual, like the auric energy field filled with light. This is different from the astral body that mirrors the physical body, with the distinct head, eyes, features, and so forth. The spirit is only a body of light and in some individuals, it is darker. This has been my own personal experience with this technique and should only be used as a guide.

Fighting Back

One of the most important reasons we clean our auras is to get off all of the negative energy that we encounter on a daily basis. Much of this comes from others in our immediate environment. The workplace can be especially troublesome as well as the home for many. Negative people include those who forever whine and complain, but do nothing to try to alleviate their situations, those who are forever putting others down to make themselves feel better or to divert their attentions from their own personal worthlessness, those who blame everyone else for their woes, those who take out their anger and frustrations through abusing others and the list goes on and on.

Satanists do not take abuse.

There is a very simple meditation one who is experiencing the effects of another's negative output can do:

1. Clean your aura and chakras thoroughly, as you do not want to trap in any negative energy
2. Expand your consciousness to your aura and *feel* your aura
3. Relax and tune into your aura
4. Visualize your aura as an outline and protective barrier. The outline should be brilliant white light like the Sun because white light deflects everything.
5. State this affirmation: "My aura is powerfully and totally deflecting ___(name of offender)'s___ negative energy in every way and sending it directly back to him/her. "

This meditation should be done with intent and then repeated when you come into contact with the offensive asshole. Just visualize and feel your aura, same as above and repeat the affirmation a couple of times and watch the asshole's negativity destroy him/her.

No Satanist should ever have to put up with or take abuse. The average person absorbs the negative energy and suffers accordingly after the negativity has built up. The offending asshole benefits by venting hostility or negativity on others and often thrives on it. The people who unknowingly absorb the energy can suffer anything from depression to illness and get caught in a vortex of negative energy, while providing the asshole with a negative outlet. The above meditation puts a dead stop to this, but remember, it must be reinforced frequently.

In addition to the above, visualize the negative energy the offender is sending out, grey in color, and direct it right back to his/her aura, clinging to it. Remember to clean your aura afterwards.

